SESSION 3: Building Blocks for Sustainability

Session Quiz

Name: ______________________________________ Email: _________________________

Did you pre-register to participate in the One Region Forward Citizen Planning School? Yes or No (Circle One)

Are you in the Champions for Change program? Yes or No (Circle One)

_______________________________________________________________________________________________

1. In two sentences, please describe how the learning session informed your understanding of food systems and/or how people can take steps to help create a more sustainable food system.

   If you didn’t learn anything new, please indicate that in your written description.

2. In two sentences, please describe something you learned today about how design of the built environment is connected to sustainability.

   If you didn’t learn anything new, please indicate that in your written description.

3. In two sentences, please describe something you learned today about opportunities for increasing “community-based capital?”

   If you don’t feel you learned anything applicable at the session, please indicate that in your written description.
4. **How informative was the content presented at this session?**

*Circle your answer*

A. **Very informative** – I learned a lot  
B. **Informative** – I learned some new things  
C. **Somewhat informative** – I didn’t learn much new, but it was still interesting  
D. **Not very informative** – I didn’t learn much, nor found it interesting  
E. **Not informative at all**

5. **Based on you observations, rate the quality and usefulness of the toolkit from at Session 3: Building Blocks for Sustainability**  
(On a scale of 1-5)

<table>
<thead>
<tr>
<th>Session 3 Toolkit: Building Blocks for Sustainability</th>
<th>1 – Poor</th>
<th>2 – Fair</th>
<th>3 – Good</th>
<th>4 – Very Good</th>
<th>5 – Excellent</th>
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<tbody>
<tr>
<td>Provided direction and context for that session.</td>
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<td>Content is clear and comprehensible.</td>
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<td>Graphic data is professional and engaging.</td>
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<td>Resources are useful and interesting.</td>
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<td>Featured planning efforts in our region are relevant and insightful.</td>
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<td>Overall Satisfaction of the Tools &amp; Resources Provided</td>
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**Additional Comments and/or how can this be better...**